**Moorland School Menu – Week 4**

**MONDAY**

**BREAKFAST**
Hash Browns, Eggs & Beans | Porridge with Syrup or Fruit Compote | Selection of Cereals, Toast & Preserves | Breakfast Tea | Fruit Juices

**LUNCH**
Selection of Granary Base Pizzas & Fresh Salad | Fruit Jelly

**DINNER**
BBQ or Sweet Chilli Marinated Chicken Thighs, Sweet Potato Fries, Sweetcorn | Fruit Salad

**TUESDAY**

**BREAKFAST**
Selection of Cereals, Toast & Preserves | Fresh Fruits | Granola with Fruity or Natural Yoghurt | Breakfast Tea | Fruit Juices

**LUNCH**
Beef Brisket Chilli or Sweet Potato & Bean Chilli, Nachos, Rice | Rhubarb Crumble & Cream

**DINNER**
Selection of Homemade Quiche, Crudites, Oregano New Potatoes | Pineapple Sticks

**WEDNESDAY**

**BREAKFAST**
Bacon Sandwiches | Porridge with Syrup or Fruit Compote | Selection of Cereals, Toast & Preserves | Breakfast Tea | Fruit Juices

**LUNCH**
Sausages or Quorn Sausages & Mash Potato, Onion Gravy, Carrots & Swede | Jam Roly Poly

**DINNER**
Cauliflower Mac & Cheese, Sweetcorn, Garlic bread | Fruit Yoghurts

**THURSDAY**

**BREAKFAST**
Selection of Cereals, Toast & Preserves | Fresh Fruits | Granola with Fruity or Natural Yoghurt | Breakfast Tea | Fruit Juices

**LUNCH**
Pulled Pork or Pulled Jackfruit, Apple Sauce, Sage & Onion Stuffing, Floured Bap | Arctic Roll

**DINNER**
Lamb Moussaka, Mixed Vegetables, Crusty Bread, Greek Salad | Cheese & Biscuits

**FRIDAY**

**BREAKFAST**
Scrambled Egg & Avocado | Porridge with Syrup or Fruit Compote | Selection of Cereals, Toast & Preserves | Breakfast Tea | Fruit Juices

**LUNCH**
Salt & Pepper Crispy Chicken, Sweet n Sour Sauce or Curry Sauce, Green Beans, Egg Fried Rice | Bread & Butter Pudding

**DINNER**
Build your own ‘Subway’ Sandwiches, Mixed Fillings, Sauces & Salad Bar, Crisps | Peaches & Apricots