

MOORLAND



Moorland School Menu – Week 4

MONDAY

BREAKFAST

Hash Browns, Eggs & Beans | Porridge with Syrup or Fruit Compote | Selection of Cereals, Toast & Preserves | Breakfast Tea | Fruit Juices

LUNCH

Selection of Granary Base Pizzas & Fresh Salad | Fruit Jelly

DINNER

BBQ or Sweet Chilli Marinated Chicken Thighs, Sweet Potato Fries, Sweetcorn | Fruit Salad

TUESDAY

BREAKFAST

Selection of Cereals, Toast & Preserves | Fresh Fruits | Granola with Fruity or Natural Yoghurt | Breakfast Tea | Fruit Juices

LUNCH

Beef Brisket Chilli or Sweet Potato & Bean Chilli, Nachos, Rice | Rhubarb Crumble & Cream

DINNER

Selection of Homemade Quiche, Crudites, Oregano New Potatoes | Pineapple Sticks

WEDNESDAY

BREAKFAST

Bacon Sandwiches | Porridge with Syrup or Fruit Compote | Selection of Cereals, Toast & Preserves | Breakfast Tea | Fruit Juices

LUNCH

Sausages or Quorn Sausages & Mash Potato, Onion Gravy, Carrots & Swede | Jam Roly Poly

DINNER

Cauliflower Mac & Cheese, Sweetcorn, Garlic bread | Fruit Yoghurts

THURSDAY

BREAKFAST

Selection of Cereals, Toast & Preserves | Fresh Fruits | Granola with Fruity or Natural Yoghurt | Breakfast Tea | Fruit Juices

LUNCH

Pulled Pork or Pulled Jackfruit, Apple Sauce, Sage & Onion Stuffing, Floured Bap | Arctic Roll

DINNER

Lamb Moussaka, Mixed Vegetables, Crusty Bread, Greek Salad | Cheese & Biscuits

FRIDAY

BREAKFAST

Scrambled Egg & Avocado | Porridge with Syrup or Fruit Compote | Selection of Cereals, Toast & Preserves | Breakfast Tea | Fruit Juices

LUNCH

Salt & Pepper Crispy Chicken, Sweet n Sour Sauce or Curry Sauce, Green Beans, Egg Fried Rice | Bread & Butter Pudding

DINNER

Build your own 'Subway' Sandwiches, Mixed Fillings, Sauces & Salad Bar, Crisps | Peaches & Apricots